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Training	<u>Presenter</u>		Skill Tags	
How and Why Women Hold Themselves Back (and What to Do About It)		nawn Andrews, d.D., M.B.A.	Emotional Intelligence, Communication, Managing Risk	
How Different People Cope Under Pressure	<u>Ke</u>	elly Accetta	Collaboration, Conflict Resolution, Communication	
How to use Emotional Intelligence to Boost Your Career		nawn Andrews, d.D., M.B.A.	Emotional Intelligence, Self Awareness, Developing Others	
Set Goals, Not Resolutions, with the Truth Coach Kelly!	<u>Ke</u>	elly Accetta	Collaboration, Communication, Flexibility	
You Are What You THINK!	<u>Ke</u>	elly Accetta	Intellectual Curiosity, Critical Thinking	
Is Your Inner Critic Designing Your Future?	Ca	arla Howard	Emotional Intelligence, Critical Thinking, Intellectual Curiosity	
Know What You are FOR	<u>Je</u>	eff Henderson	Strategic Vision, Storytelling - Communication, Presenting - Communication	
Emotion Management and Business Success	Co	<u>olleen Stanley</u>	Emotional Intelligence, Flexibility, Adaptability	
Overcoming Barriers: Let's Talk Confidence, Assertiveness, and Negotiations in the Workplace	Co	<u>olleen Stanley</u>	Emotional Intelligence, Communication, Influence  LEARNING  & Development	



<u>Training</u>	<u>Presenter</u>		Skill Tags	
Moving from Over-Explaining to Influencing		<u>Carla Howard</u>	Influence, Impact, Communication	
Become a LinkedIn Rockstar!!!		<u>Carla Howard</u>	Presenting - Communication, Storytelling - Communication, Communication	
Utilizing the Seven Levels of Leadership to Maximize Your Professional Super Powers		<u>Cassandra Rambo</u>	Critical Thinking, Adaptability, Communication	
Overcoming the Misconception of Professional Success Being at the Expense of Personal Joy		Kelly Accetta	Communication, Self Awareness, Emotional Intelligence	
Living on the Other Side of Fear		Genein Letford	Creativity, Critical Thinking, Innovation	
Creating and Cultivating Meaningful Relationships		<u>Cassandra Rambo</u>	Communication, Developing Others, Inclusive Leadership	
The Power of Potential - Problem Solving Through a Mindset of Positivity		Genein Letford	Problem Solving, Creativity, Adaptability	
What's Missing in the Gap: Listening Verses Hearing		Cassandra Rambo	Communication, Collaboration, Self Awareness	
The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership		Amy Pechacek	Emotional Intelligence, Communication, Collaboration	
Speaking with Confidence		<u>Carla Howard</u>	Communication, Influence, Impact	
Capitalizing on Your Strengths		<u>Cassandra Rambo</u>	Collaboration, Self Awareness, Situational Awareness	
	Moving from Over-Explaining to Influencing  Become a LinkedIn Rockstar!!!  Utilizing the Seven Levels of Leadership to Maximize Your Professional Super Powers  Overcoming the Misconception of Professional Success Being at the Expense of Personal Joy  Living on the Other Side of Fear  Creating and Cultivating Meaningful Relationships  The Power of Potential - Problem Solving Through a Mindset of Positivity  What's Missing in the Gap: Listening Verses Hearing  The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership  Speaking with Confidence	Moving from Over-Explaining to Influencing  Become a LinkedIn Rockstar!!!  Utilizing the Seven Levels of Leadership to Maximize Your Professional Super Powers  Overcoming the Misconception of Professional Success Being at the Expense of Personal Joy  Living on the Other Side of Fear  Creating and Cultivating Meaningful Relationships  The Power of Potential - Problem Solving Through a Mindset of Positivity  What's Missing in the Gap: Listening Verses Hearing  The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership  Speaking with Confidence	Moving from Over-Explaining to Influencing  Carla Howard  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  Kelly Accetta  Creating and Success Being at the Expense of Personal Joy  Living on the Other Side of Fear  Creating and Cultivating Meaningful Relationships  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  Cassandra Rambo  The Power of Potential - Problem Solving Through a Mindset of Positivity  What's Missing in the Gap: Listening Verses Hearing  The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership  Speaking with Confidence  Carla Howard	





Training	<u>Presenter</u>		Skill Tags
Influencing with Empathy and Assertiveness		<u>Colleen Stanley</u>	Emotional Intelligence, Situational Awareness, Adaptability
Embracing Change: Taking a Deeper Dive into the Adaptability Quotient		Amy Pechacek	Adaptability, Communication, Managing Change
Developing a Leadership Mindset: Managing Different Verses Difficult Personalities		Amy Pechacek	Adaptability, Inclusive Leadership, Communication
Emotional Intelligence Part 1: The 7 Superpowers of Women		Shawn Andrews, Ed.D., M.B.A.	Emotional Intelligence, Developing Others, Communication
Emotional Intelligence Part 2: The 7 Superpowers of Men		Shawn Andrews, Ed.D., M.B.A.	Emotional Intelligence, Developing Others, Communication
Empowered Decision Making: From Fear to Confidence		<u>Cassandra Rambo</u>	Managing Change, Decision Making, Self Awareness
CAL <sup>2</sup> M Transformation		<u>Carla Howard</u>	Managing Change, Situational Awareness, Self Awareness
AI Tools to Boost Your Financial Acumen: Profit, Loss, and Everything In-Between		Edward Roske	Business Acumen, Innovation and Trends, Managing Risk (General)
Building Your Marketing Foundation: Tips, Tools, and Strategies		Wendy Covey	Business Acumen, Innovation and Trends, Managing Risk (General)
7 Levels of Allyship		Shawn Andrews, Ed.D., M.B.A.	Collaboration, Emotional Intelligence, Influence
Communication Strategy for Building Stronger Teams		Amy Pechacek	Communication, Conflict Resolution, Collaboration





Training	<u>Presente</u>	<u>er</u>	Skill Tags
Embracing Al-CoPilot & Chat GPT: Harnessing Technology for Enhanced Productivity		<u>Chris Samulski</u>	Innovation and Trends, Technology Acumen, Managing Risk
Coding Diversity into Technology		<u>Michael Knight</u>	Critical Thinking, Inclusive Leadership, Innovation and Trends
Cultivating Resiliency and Quieting Your Inner Critic		<u>Carla Howard</u>	Self Awareness, Emotional Intelligence, Communication
A Leader's Journey		<u>Linda Johnson</u>	Developing Others, Decision Making, Inclusive Leadership
The Neuroscience of Executive Presence		Genein Letford	Creativity, Impact, Innovation and Trends
Stepping Over the Broken Rung		<u>Roya Ansari</u>	Impact, Inclusive Leadership, Adaptability
7 Superpowers of Men and Women: How to Shift Gender Bias to Gender Strengths		<u>Dr. Shawn Andrews</u>	Emotional Intelligence, Self Awareness, Collaboration
Leading in a Fast Moving World		<u>Phil Gallagher</u>	Decision Making, Developing Others, Situational Awareness
The Next Generation of Leaders: WE Collegiate Panel	WE	Suzanne Helbig Clarence Semple Sage Smith	Innovation and Trends, Collaboration
Values Based Leadership		<u>Don Akery</u>	Inclusive Leadership, Decision Making, Developing Others





### **Training Session / Presenter**

### **Emotional Intelligence**

How and Why Women Hold Themselves Back (and What to Do About It) / Shawn Andrews, Ed.D., M.B.A.

How to use Emotional Intelligence to Boost Your Career / Shawn Andrews, Ed.D., M.B.A.

Is Your Inner Critic Designing Your Future? / Carla Howard

Emotion Management and Business Success / Colleen Stanley

Overcoming the Misconception of Professional Success Being at the Expense of Personal Joy / Colleen Stanley

The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership / Amy Pechacek

Emotional Intelligence Part 1: The 7 Superpowers of Women / Shawn Andrews, Ed.D., M.B.A.

Emotional Intelligence Part 2: The 7 Superpowers of Men / Shawn Andrews, Ed.D., M.B.A.

7 Levels of Allyship / Shawn Andrews, Ed.D., M.B.A.

Cultivating Resiliency and Quieting Your Inner Critic / Carla Howard

#### Communication

How and Why Women Hold Themselves Back (and What to Do About It) / Shawn Andrews, Ed.D., M.B.A.

Set Goals, Not Resolutions, with the Truth Coach Kelly! / Kelly Accetta

Know What You are FOR / Jeff Henderson

Overcoming Barriers: Let's Talk Confidence, Assertiveness, and Negotiations in the Workplace / Kelly Accetta

Moving from Over-Explaining to Influencing / Carla Howard

Become a LinkedIn Rockstar!!! / Carla Howard

Utilizing the Seven Levels of Leadership to Maximize Your Professional Super Powers / Cassandra Rambo

Overcoming the Misconception of Professional Success Being at the Expense of Personal Joy / Kelly Accetta

Creating and Cultivating Meaningful Relationships / Cassandra Rambo

What's Missing in the Gap: Listening Verses Hearing / Cassandra Rambo

The Q's (IQ, EQ, AQ): Capitalizing on Human" Soft" Skills in Leadership / Amy Pechacek

Speak with Confidence / Carla Howard

Influencing with Empathy and Assertiveness / Colleen Stanley

Emotional Intelligence Part 1: The 7 Superpowers of Women / Shawn Andrews, Ed.D., M.B.A.

Emotional Intelligence Part 2: The 7 Superpowers of Men / Shawn Andrews, Ed.D., M.B.A.

Communication Strategy for Building Stronger Teams / Amy Pechacek

Leading in a Fast Moving World / Phil Gallagher

#### Confidence

You Are What You THINK! / Kelly Accetta

Is Your Inner Critic Designing Your Future? / Carla Howard

Know What You are FOR / Jeff Henderson

Overcoming Barriers: Let's Talk Confidence, Assertiveness, and Negotiations in the Workplace / Colleen Stanley





### **Training Session / Presenter**

### **Confidence (cont)**

Speak with Confidence / Carla Howard

Capitalizing on Your Strengths / Cassandra Rambo

Empowered Decision Making: From Fear to Confidence / Cassandra Rambo

Cultivating Resiliency and Quieting Your Inner Critic / Carla Howard

The Neuroscience of Executive Presence / Genein Letford

Stepping Over the Broken Rung / Roya Ansari

#### **Change Management/Adaptability**

Emotion Management and Business Success / Colleen Stanley

Moving from Over-Explaining to Influencing / Carla Howard

Utilizing the Seven Levels of Leadership to Maximize / Cassandra Rambo

Creating and Cultivating Meaningful Relationships / Cassandra Rambo

The Power of Potential - Problem Solving Through a Mindset of Positivity / Genein Letford

What's Missing in the Gap: Listening Verses Hearing / Cassandra Rambo

Influencing with Empathy and Assertiveness / Colleen Stanley

Embracing Change: Taking a Deeper Dive into the Adaptability Quotient / Amy Pechacek

Empowered Decision Making: From Fear to Confidence / Cassandra Rambo

CAL<sup>2</sup>M Transformation / Carla Howard

7 Levels of Allyship / Shawn Andrews, Ed.D., M.B.A.

The Neuroscience of Executive Presence / Genein Letford

The Next Generation of Leaders: WE Collegiate Panel / Suzanne Helbig, Clarence Semple, Sage Smith

#### **Conflict Resolution**

How Different People Cope Under Pressure / Kelly Accetta

The Power of Potential - Problem Solving Through a Mindset of Positivity / Genein Letford

Speak with Confidence / Carla Howard

Influencing with Empathy and Assertiveness / Colleen Stanley

Embracing Change: Taking a Deeper Dive into the Adaptability Quotient / Amy Pechacek

Developing a Leadership Mindset: Managing Different Verses Difficult Personalities / Amy Pechacek

Communication Strategy for Building Stronger Teams / Amy Pechacek

7 Levels of Allyship / Shawn Andrews, Ed.D., M.B.A.

A Leader's Journey / Linda Johnson

Stepping Over the Broken Rung / Roya Ansari

Values Based Leadership / Don Akery





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### **Building Teams**

Emotion Management and Business Success / Colleen Stanley

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The Q's (IQ, EQ, AQ): Capitalizing on Human "Soft" Skills in Leadership / Amy Pechacek

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A Leader's Journey / Linda Johnson

7 Superpowers of Men and Women: How to Shift Gender Bias to Gender Strengths / Shawn Andrews, Ed.D., M.B.A.

Leading in a Fast Moving World / Phil Gallagher

### **Critical Thinking**

Utilizing the Seven Levels of Leadership to Maximize Your Professional Super Powers / Cassandra Rambo

Living on the Other Side of Fear / Genein Letford

The Power of Potential - Problem Solving Through a Mindset of Positivity / Genein Letford

What's Missing in the Gap: Listening Verses Hearing / Cassandra Rambo

Empowered Decision Making: From Fear to Confidence / Cassandra Rambo

Coding Diversity into Technology / Michael Knight

The Neuroscience of Executive Presence / Genein Letford

Values Based Leadership / Don Akery

#### **Risk Management**

How and Why Women Hold Themselves Back (and What to Do About It) / Shawn Andrews, Ed.D., M.B.A.

Developing a Leadership Mindset: Managing Different Verses Difficult Personalities / Amy Pechacek

CAL<sup>2</sup>M Transformation / Carla Howard

7 Superpowers of Men and Women: How to Shift Gender Bias to Gender Strengths / Shawn Andrews, Ed.D., M.B.A.

Embracing Al-CoPilot & Chat GPT: Harnessing Technology for Enhanced Productivity / Chris Samulski





### **Training Session / Presenter**

#### **Business Acumen**

Al Tools to Boost Your Financial Acumen: Profit, Loss, and Everything In-Between / Edward Roske

Building Your Marketing Foundation: Tips, Tools, and Strategies / Wendy Covey

CAL<sup>2</sup>M Transformation / Carla Howard

Technology Acumen: Embracing Al Co-Pilot & Chat GPT: Harnessing Technology for Enhanced Productivity / Chris Samulski

Technology Acumen: Mastering Data Manipulation: Unleashing the Hidden Potential of Power Query in Excel (2/15/24) / Chris Samulski

Marketing Acumen: State of Marketing to Engineers Report (4/11/24) / Wendy Covey

Financial Acumen: Budgeting & Business Strategy (5/9/24) / Edward Roske

